

**Amanda B. Lykins, DNP, RN, PMH-BC, NPD-BC**  
**Curriculum Vitae**

**University of Kentucky**  
**College of Nursing**  
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**EDUCATION**

<b>Dates</b>	<b>Institution/Location</b>	<b>Degree/Field of Study</b>
Aug. 2012 - Dec. 2016	Eastern Kentucky University, Richmond KY	DNP, Organizational Leadership
May 2009 - Dec. 2010	Eastern Kentucky University, Richmond KY	MSN, Nursing Education
May 2008 - May 2009	Eastern Kentucky University, Richmond KY	BSN, Nursing
Aug. 2004 - July 2007	Eastern Kentucky University, Richmond KY	ADN, Nursing
Aug. 2002 - May 2004	Eastern Kentucky University, Richmond KY	BS/BS, Psychology & Criminal Justice
Aug. 2000 - May 2002	Elizabethtown Community College, Elizabethtown, KY	Psychology & Criminal Justice (Transferred to EKU)

**LICENSURES AND CERTIFICATIONS**

2007 - Present	Nurse Registration, KY #1115440, Kentucky Board of Nursing
2005 - Present	American Heart Association: Basic Cardiac Life Support for the Healthcare Provider
2015 – 2022	Non-Violent Crisis Intervention (CPI)-Certified Instructor
2015 - Present	Question, Persuade & Refer (QPR)-Certified Instructor
2015 - Present	American Psychiatric Nurses Association-Competency Based Training For Suicide Prevention: PMH Nurse Generalist Program-Certified Facilitator
2019 - Present	ANCC Board Certified Nurse-Psychiatric-Mental Health Nursing (PMH-BC) #2018079522
2021 - Present	ANCC Board Certified Nurse-Nursing Professional Development (NPD-BC) #2021000289

## PROFESSIONAL EXPERIENCE

### Academic

<b>Dates</b>	<b>Institution/Location/Program</b>	<b>Academic Position</b>
January 2023- Present	University of Kentucky College of Nursing, Lexington, KY	Assistant Professor; Co- Coordinator Undergraduate Psychiatric-Mental Health
Aug. 2019 – January 2023	University of Kentucky College of Nursing, Lexington, KY	Undergraduate Adjunct Faculty- Psychiatric- Mental Health
January 2017 - May 2019	Eastern Kentucky University, Richmond, KY, Baccalaureate and Graduate Nursing	Undergraduate Adjunct Faculty- Psychiatric- Mental Health
January 2017 - May 2021	Midway University, Midway, KY, Associate/Baccalaureate Nursing	Undergraduate Adjunct Faculty- Psychiatric- Mental Health
Aug. 2016 - Dec. 2019	Morehead State University, Morehead, KY, Baccalaureate Nursing	Undergraduate Adjunct Faculty- Psychiatric- Mental Health
January 2014 - January 2015	University of Kentucky College of Nursing, Lexington, KY	Undergraduate Adjunct Faculty- Medical/Surgical
January 2013 - January 2015	Eastern Kentucky University, Richmond, KY, Baccalaureate and Graduate Nursing	Undergraduate Adjunct Faculty- Medical/Surgical
January 2011 - Dec. 2012	Eastern Kentucky University, Richmond, KY, Associate Degree Nursing	Undergraduate Adjunct Faculty- Medical/Surgical

### Clinical

<b>Dates</b>	<b>Institution/Location</b>	<b>Clinical Position</b>
Oct. 2021 – January 2023	UK HealthCare, Lexington, KY	Staff Development Specialist- Behavioral Health
Sept. 2018 - Oct. 2021	UK HealthCare/Eastern State Hospital	Clinical Nurse Specialist- Behavioral Health

April 2015 - Sept. 2018	Eastern State Hospital (Managed by UK HealthCare), Lexington, KY	Clinical Education Director
October 2014-April 2015	St. Joseph Hospital, Lexington, KY	Nursing Education Coordinator- Perioperative Services
Sept. 2007-Oct. 2014	Baptist Health Lexington, Lexington, KY	Staff Nurse-Operating Room

## TEACHING EXPERIENCE

Quarter or Semester, Date	Course title and number, credit hours	Level of Students
Spring 2011-Fall 2012	<b>Eastern Kentucky University-NUR 232C</b> - Nursing Concepts Application III; ADN course; 3 credit hours; adjunct clinical faculty (8-10 students)	Undergraduate
Spring 2013 & Fall 2013	<b>Eastern Kentucky University-NSC 386</b> - Adult Health Nursing II Clinical; 3 credit hours; adjunct clinical faculty (8-10 students)	Undergraduate
Spring 2014 & Fall 2014	<b>University of Kentucky-NUR 301</b> - Family Centered Care of Adults with Common Health Problems; 6 credit hours; adjunct clinical faculty (8-10 students)	Undergraduate
Fall 2014	<b>Eastern Kentucky University-NSC 484C</b> - Adult Health Nursing III Clinical; 3 credit hours; adjunct clinical faculty (8-10 students)	Undergraduate
Fall 2016-Fall 2019	<b>Morehead State University-NURB 322</b> - Mental Health Nursing; BSN course; 4 credit hours; adjunct clinical faculty (8-10 students)	Undergraduate
Spring 2017	<b>Eastern Kentucky University-NSC 392C</b> -Mental Health Nursing Clinical; BSN course; 2 credit hours; adjunct clinical faculty (8-10 students)	Undergraduate
Spring 2017-Fall 2020	<b>Midway University-NSG 130/120</b> -Mental Health Nursing; ADN course; 4 credit hours; adjunct clinical faculty (8-10 students)	Undergraduate
Fall 2019-Present	<b>University of Kentucky-NUR 343/401</b> - Psychiatric-Mental Health Nursing; BSN course; 5 credit hours; adjunct clinical faculty (8-10 students)	Undergraduate
Spring 2020-Present	<b>University of Kentucky-NUR 329</b> - Psychiatric-Mental Health Nursing; ABSN; 4 credit hours; adjunct clinical faculty (8- 10 students)	Undergraduate

Spring 2021	<b>Midway University-NSG 260</b> -Mental Health Nursing; BSN course; 4 credit hours; adjunct clinical faculty (8-10 students)	Undergraduate
Fall 2021-Spring 2023	<b>University of Kentucky-NUR 329/343/401-</b> Psychiatric-Mental Health Nursing; Guest Lecturer	Undergraduate
Spring 2023-present	<b>University of Kentucky-NUR 329/343-</b> Psychiatric-Mental Health Nursing for the ABSN and Traditional Track; Assistant Professor and Co-coordinator	Undergraduate

## AWARDS AND HONORS

Lykins, A. (2018, October). Implementing an Intervention to Reduce Seclusion and Restraints in an Inpatient Psychiatric Setting. Poster Presentation at the Kentucky American Psychiatric Nurses Association Annual Conference, Louisville, KY, voted best poster presentation.

## RESEARCH/PUBLICATIONS

Lykins, A., Seroka, N., Mayor, M., Seng, S., Higgins, J., Okoli, C.T.C. (2021). Compassion Satisfaction, Burnout, and Secondary Traumatic Stress among Nursing Staff at an Academic-Medical Center. *Journal of the American Psychiatric Nurses Association*. Epub <https://doi.org/10.1177/10783903211066125>

Okoli, C.T.C., Seng, S., Otachi, J.K., Higgins, J.T., Lawrence, J., Lykins, A., & Bryant, E. (2020). A cross-sectional examination of factors associated with compassion satisfaction and compassion fatigue across health care workers in an academic medical center. *International Journal of Mental Health Nursing*, 29(3), 476-487. <https://doi.org/10.1111/inm.12682>

Higgins, J.T., Okoli, C., Otachi, J., Lawrence, J., Bryant, E., Lykins, A., & Seng, S. (2020). Factors associated with burnout in trauma nurses. *Journal of Trauma Nursing*, 27(6), 319-326. <https://doi.org/10.1097/JTN.0000000000000538>

Okoli, C.T.C., Sarret, S., Lykins, A., Higgins, J.T. (2020). Correlates of posttraumatic growth among nursing professionals: A cross-sectional analysis. *Journal of Nursing Management*. <https://doi.org/10.1111/jonm.13155>.

## PRESENTATIONS (LOCAL OR STATE)

Lykins, A. (2020, June). Nurses at Risk: Nurse Suicide and Self-Care. Presentation at the KY APNA Chapter Annual Conference, Virtual.

Lykins, A. & Bryant, E. (2019, November). An Examination of Compassion Satisfaction and Compassion Fatigue among nursing staff at UK HealthCare-Bringing Science to Life: Innovations in Nursing Research-Nursing Research Papers Day. Podium Presentation in Lexington, KY.

Lykins, A. & McKinney, T. (2019, August). American Psychiatric Nurses Association-*Competency Based Training for Suicide Prevention: PMH Nurse Generalist Program*- KY Chapter of the American Psychiatric Nurses Association. Podium Presentation in Louisville, KY.

Lykins, A. & McKinney, T. (2018, August). American Psychiatric Nurses Association-*Competency Based Training for Suicide Prevention: PMH Nurse Generalist Program*- KY Chapter of the American Psychiatric Nurses Association. Podium Presentation in Lexington, KY.

Lykins, A. (2017, October). Implementing an Intervention to Reduce Seclusion and Restraints in an Inpatient Psychiatric Setting. Poster Presentation at University of Kentucky: Nursing Research Papers Day, Lexington, KY.

Lykins, A. (2017, October). Implementing an Intervention to Reduce Seclusion and Restraints in an Inpatient Psychiatric Setting. Poster Presentation at the Kentucky American Psychiatric Nurses Association Annual Conference, Louisville, KY. Voted best poster presentation.

## **PRESENTATIONS (NATIONAL)**

Otachi, J.K., Lykins, A., Robertson, H., and Okoli, C.T.C. (2020, October). Correlates of workplace violence among healthcare workers in an academic medical center. American Public Health Association (APHA) San Francisco, CA.

Lykins, A. (2017, October). Implementing an Intervention to Reduce Seclusion and Restraints in an Inpatient Psychiatric Setting. Poster Presentation at the American Psychiatric Nurses Association National Conference, Phoenix, AZ.

Bryant, E., Lawrence, J., Lykins, A., Okoli, C.T.C., Higgins, J.T., Seng, S. (Accepted for Oral and Poster Presentation, September 2020). An examination of Compassion Satisfaction and Compassion Fatigue among nursing staff at UK Healthcare. ENA Emergency Nursing 2020 Conference, Las Vegas, NV.

## **PROFESSIONAL MEMBERSHIPS**

<b>Dates</b>	<b>Activity</b>
2017 - Present	American Nurses Association/Kentucky Nurses Association
2015 - Present	American Psychiatric Nurses Association
2010 - Present	Sigma Theta Tau Nursing Honor Society

## **SERVICE**

### **Professional**

<b>Dates</b>	<b>Activity</b>
2019 - 2022	President - Elect/President - Kentucky Chapter-American Psychiatric Nurses Association
2018 - Present	Member - Workplace Violence Prevention Team-UKHC
2020 - Present	Chair - Zero Suicide Committee-UK HealthCare

### **Department**

<b>Dates</b>	<b>Activity</b>
2020 - Present	Member - UK College of Nursing: Behavioral Health Wellness Environments for Living and Learning (BH WELL)
2023 - Present	Member - BARN, UK College of Nursing
2023- Present	Member - Clinical Instructor Orientation Task Force
2023-2025	Member- Non-Tenure Track Search Committee

## **SERVICE OUTSIDE OF THE ACADEMIC AND CLINICAL SETTING**

**Dates**

**Activity**

Aug. 2017 – July 2023    Assistant Archery Coach-Model Laboratory School, Richmond KY

**CV Revised 8/2023**

