

**Theresa Karcher, MSN, APRN, FNP-BC**  
**Curriculum Vitae**

**University of Kentucky**  
**College of Nursing**  
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## **EDUCATION**

<b>Dates</b>	<b>Institution/Location</b>	<b>Degree/Field of Study</b>
Aug. 2018 – May 2021	Northern Kentucky University Highland Heights, KY	MSN, Nursing
Aug. 2014 – Dec. 2016	University of Kentucky College of Nursing Lexington, KY	BSN, Nursing
Aug. 1999 – Aug. 2022	University of Kentucky College of Arts & Sciences Lexington, KY	MS, Clinical Psychology
Aug. 1994 – May 1998	Hope College Holland, MI	BA, Biology and Psychology

## **LICENSURES AND CERTIFICATIONS**

Dec. 2023 – present	Certified Medical Examiner, Kentucky Department of Transportation
Sep. 2021 – present	Advanced Practice Nurse Registration, KY 3016699, Kentucky Board of Nursing
Aug. 2021 – present	Board-Certified Family Nurse Practitioner, Certification No. 2021051870, American Nurses Credentialing Center
Jan. 2017 – present	Nurse Registration, KY1151958, Kentucky Board of Nursing
2012 – present	Certified Strong's Interest Inventory Practitioner, G/S Consultants
2009 – present	Career Coaching Certificate, National Association of Colleges and Employers

## **PROFESSIONAL EXPERIENCE**

### **Academic**

<b>Dates</b>	<b>Institution and Location</b>	<b>Title</b>
Mar. 2025 – present	University of Kentucky College of Nursing	Lecturer

	Lexington, KY	
Aug. 2023 – Mar. 2025	Bluegrass Community & Technical College Nursing Division, Winchester, KY	Instructor
Oct. 201 – Aug. 2014	University of Kentucky James W. Stuckert Career Center, Lexington, KY	Senior Assistant Director
Oct. 2007 – Oct. 2010	University Of Kentucky College of Arts & Sciences, Lexington, KY	Academic Advisor
Aug. 2010 – Dec. 2010	University of Kentucky Office of Student Affairs Lexington, KY	Instructor
Aug. 1999 – May 2000	University of Kentucky Department of Psychology, Lexington, KY	Teaching Assistant
Jan. 1996 – Dec. 1997	Hope College, Department of Biology Holland, MI	Teaching Assistant

### **Clinical**

<b>Dates</b>	<b>Institution and Location</b>	<b>Title</b>
June. 2023 – Feb. 2025	Matrix Medical Network, Lexington, KY	Nurse Practitioner
May 2022 – May 2023	The Little Clinic, Kroger Health, Lexington, KY	Nurse Practitioner
Jan. 2017 – May 2022	UK Healthcare Chandler Hospital, Lexington, KY	Registered Nurse
Aug. 2001 – May 2002	Asbury College Counseling and Career Center, Wilmore KY	Practicum Counselor
May 2001 – Oct. 2001	University of Kentucky Jesse G. Harris Psychological Services Center, Lexington, KY	Graduate Student Therapist

### **Research**

<b>Dates</b>	<b>Institution and Location</b>	<b>Title</b>
Jan. 2000 – May 2002	University of Kentucky Department of Psychology, Lexington, KY	Research Assistant
July 2000 – July 2001	University of Kentucky Department of Behavioral Sciences, Lexington, KY	Research Assistantship

## HONORS AND AWARDS

August 2014                      UK Healthcare Scholarship  
August 2000                      University of Kentucky Department of Behavioral Sciences Fellowship

## PUBLICATIONS

### **Peer-Reviewed Journal Articles** (\*Data-based publications)

Optimism effects on cellular immunity: testing the affective and persistence models. *Personality and Individual Differences*, 35, 1615-1624. Segerstrom, S., Castaneda, J. & **Spencer, T.** (2003).

### **PRESENTATIONS** (\*Data-based presentations)

Segerstrom, S.C., Castaneda, J. O. & **Spencer, T. E.** (2001). Stress and cellular immunity: evidence for an individual differences approach. Paper presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.

**Spencer, T.**, Pavlik, E., Andrykowski, M. (2001). Risk perception in an ovarian cancer screening program: relation to optimism and screening intentions. Poster presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.

Franklyn, T., Grieme, J., Pohlman, J., **Spencer, T.**, Kern, G., Keinath, J., Marz, P., & Dianis, E. (1997). Preliminary validation of a short measure of individual differences in being in the moment (ITM). Poster Presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

## PROFESSIONAL MEMBERSHIPS

2020 – present	Kentucky Association of Nurse Practitioners and Nurse Midwives
2020 – 2022	American Association of Nurse Practitioners
2005 – 2012	National Career Development Association
2010 - 2014	Kentucky Career Development Association
2008 – 2011	National Academic Advising Association
2008 – 2011	Kentucky Academic Advising Association
2001	Society for Behavioral Medicine

### **Public/Community**

May 2011 – July 2014	Lexington Herald Leader	Career Advice Columnist
Jan 2013 – Aug. 2014	The Refuge Medical Clinic, Jessamine County	Volunteer

*Revised May 15, 2025*