



RESEARCH AND PRACTICE INITIATIVES DAY

TEAMWORK IN RECOVERY:
COLLABORATION ACROSS DISCIPLINES

April 25, 2018

8:15am-03:30pm

Research Open House from 11:15am-12:00pm and 01:30pm-02:00pm

ESH First Floor Conference Rooms

Eastern State Hospital

MANAGED BY UK HEALTHCARE

Dr. Seth Himelhoch, MD, MPH
Department Chair of Psychiatry, University of Kentucky

Why not do more? Measuring the Impact of Integrating Medical Services within the Mental Health Treatment Setting

Learning objectives

1. Understand the necessity of delivering integrated approaches to treating mental health patients
2. Understand how mental health professionals can advocate for implementation of patient-centered policies
3. Understand the utilization of reverse integration practices in mental health treatment settings

Untreated co-occurring medical conditions may be responsible for the increased morbidity and mortality found among people with serious mental illness. Policy makers increasingly view providing integrated psychiatric care within the medical treatment setting as a value-added service. Will integrating medical care within the mental health treatment setting provide the same or greater value?



This presentation will define and describe efforts to provide medical treatment within the mental health treatment setting (i.e. "reverse integration") and provide a review of the evidence that supports its implementation.

Dr. David Susman, PhD
*Assistant Professor,
Clinical Director, Jesse G. Harris Jr. Psychological Services Center and UK Internship Consortium*

Promoting Recovery Through Effective Mental Health Advocacy

Learning objectives

1. Understand why mental health advocacy is important
2. Understand how mental health professionals can contribute to advocacy efforts
3. Understand practical strategies and resources to engage in more effective advocacy

Effective mental health advocacy requires two elements: 1) being accurately informed about current issues related to mental health services; and 2) taking action to raise awareness about these issues with stakeholders and policy makers.

This workshop provides a brief overview of current societal issues related to mental health treatment, why advocacy is critically important in our society today, and practical strategies to engage in mental health advocacy to promote better mental health services.



AGENDA

7:45am-8:15am	Registration
8:15am-8:30am	Welcoming Address: Dean Heath and Carrie Rudzik
8:30am-09:20am	Morning Keynote: Dr. Seth Himelhoch
9:20am-9:30am	Break
9:30am-10:00am	Podium 1
10:00am-10:30am	Podium 2
10:30am-10:45am	Coffee/tea Break
10:45am-11:15am	Moderated Poster Session 1
11:15am-12:00pm	Open House
12:00pm-12:50pm	Afternoon Keynote Lunch & Learn: Dr. David Susman**
12:50pm-01:00pm	Break
01:00pm-01:30pm	Moderated Poster Session 2
01:30pm-02:00pm	Open House
02:00pm-02:30pm	Podium 3
02:30pm-3:00pm	Podium 4
03:00pm-03:30pm	RAPID Research Recognition and Closing

**CEUs available for Psychology, Nursing, and Social Work.

MESSAGE FROM THE CHAIR

‘Research’ is often an intimidating word. As a graduate student at the University of Denver School of Social Work, I, like so many of my peers, felt uncomfortable with our research capstone. “When will I actually use my research skills?” we frequently asked ourselves. The application of research was not intuitive and easily took a backseat to learning clinical skills such as interviewing, differential diagnosis, and therapeutic engagement. I was uncertain of the utility of having future clinicians develop a research program analysis, and once I graduated, I thought I had left the whole concept behind me—just another hurdle to “real” clinical practice.

Sometimes it is wonderful to be wrong!

Everything we do for our patients as clinicians and staff in mental health is motivated by the same instincts that drive research: curiosity, beneficence, ethics, and an intrinsic desire to help others. Research is more than just a practice; it is a mindset. It is an ongoing critical examination of ourselves, our patients, and our current practices with the intention of advancing our collective knowledge of our population, sharing meaningful outcomes, and developing the evidence-base to advance our service.

Today you will see a showcase of projects undertaken at Eastern State Hospital and UK HealthCare to further the body of clinical knowledge in behavioral healthcare, as well as to improve outcomes and develop effective new interventions. These projects all demonstrate the **DIReCT** values we share: **Diversity, Innovation, Respect, Compassion, and Teamwork**. Our special commitment to **teamwork** and **innovation** is particularly highlighted through the diverse interdisciplinary work and creative problem-solving driven by the respect and compassion we show our patients every day. We are happy to share this with you at our inaugural ESH’s Research and Practice Initiatives Day.

We hope you will enjoy learning alongside us!

Cassie Brown, MSW, LCSW

Eastern State Hospital Research Council Chair-Elect



MORNING KEYNOTE SPEAKER

Dr. Seth Himelhoch



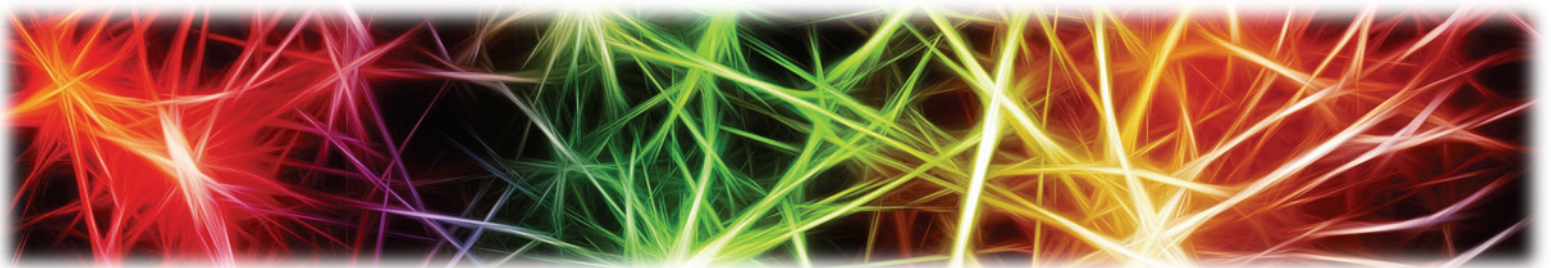
Seth S. Himelhoch, MD, MPH, is the College of Medicine's chair of psychiatry. He plays a vital role in the college's mission to impact the standards and delivery of care related to mental health and substance use disorders in the commonwealth.

Dr. Himelhoch came to UK from the University of Maryland, where he served as a professor of psychiatry. In research, he has focused on developing and testing interventions to improve access to and outcomes of care for people with co-occurring psychiatric and drug use disorders. As a fellow of the Robert Wood Johnson Clinical Scholars Program, he is working to develop interventions for rural communities suffering from the consequences of the opiate epidemic.

As chair, Dr. Himelhoch will establish junior faculty mentoring opportunities, increase research efforts, and explore telepsychiatry services. He will also establish the Division of Substance Abuse Treatment, an administrative resource for all substance use clinical services at UK that will drive the growth of treatment delivery models.

In coordination with the Office of the EVPHA and institutions throughout the commonwealth, Dr. Himelhoch will develop a fully integrated system of care for patients with behavioral health and substance use disorders across the enterprise.

As substance use and addiction disorders remain a leading concern for Kentucky, Dr. Himelhoch and his department aims to partner with behavioral science, the Center on Drug and Alcohol Research, Eastern State Hospital and others to establish a Center on Mental Health and Substance Use with the goal of further developing research activities across the university.



AFTERNOON KEYNOTE SPEAKER

Dr. David Susman

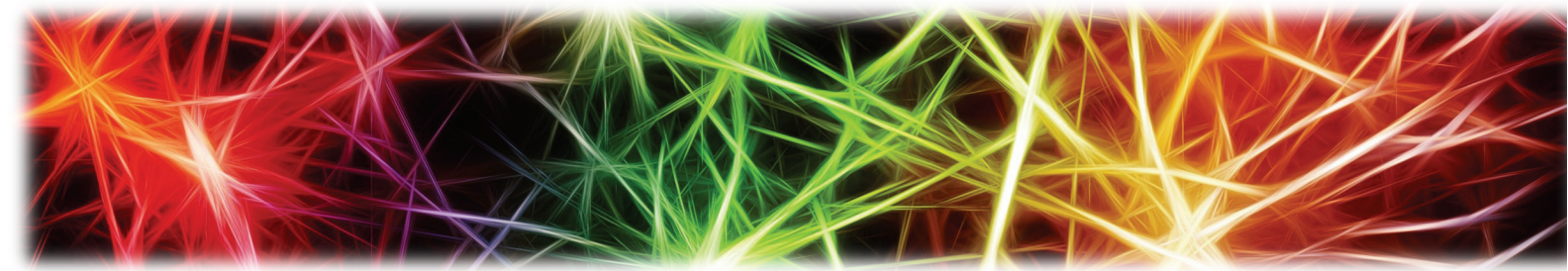
David Susman, PhD is a licensed psychologist and Assistant Professor of Psychology and Psychiatry at the University of Kentucky. He is the director of the Jesse G. Harris, Jr. Psychological Services Center, the Department of Psychology's training center for graduate students in the APA-accredited clinical psychology Ph.D. program. He oversees the operations of the center and offers administrative and clinical supervision to graduate students who are participating in practicum placements as center coordinators. He also conducts psychotherapy supervision with selected graduate students who are providing adult and couples therapy.



Additionally, he is the training director of the department's affiliated pre-doctoral health service psychology internship, the University of Kentucky Internship Consortium program. This program is accredited by the American Psychological Association. It includes 6 training sites for interns, including Eastern State Hospital, Cardinal Hill Rehabilitation Hospital, UK Counseling Center, UK Orofacial Pain Center, UK Adolescent Medicine Clinic and UK Center for the Advancement of Women's Health.

Dr. Susman's clinical and professional interests include mental health advocacy, program development and administration, clinical supervision, and management of behavioral emergencies. He worked for over 24 years at Eastern State Hospital, Lexington, KY. His roles there included program director for the Admissions Unit, founding director of The Recovery Mall rehabilitation program, Ethics Committee chair and director of Psychology Services.

As a past President of the Kentucky Psychological Association, Dr. Susman promotes involvement in state psychological associations, and is active in advocacy initiatives at the state and Federal levels. He serves on the steering committee for Health Literacy Kentucky, which promotes health literacy awareness and education throughout the state. He is currently the Kentucky representative (2014-19) to the American Psychological Association Council of Representatives. He writes a mental health and wellness blog at davidsusman.com.



Morning Podium Presentations

09:30am-10:30am

Cassie Brown	Drug and Alcohol Education Assessment
Lindsey Jasinski	Transdisciplinary Approach to Rehabilitation and Outcome Measurement: Use of the Mayo-Portland Adaptability Inventory-4

Morning Moderated Posters

10:45am-11:15am

Mary Rowe Brittany McKnight Susan Grenfell	Pilot Testing of Interdisciplinary Outing Planning Groups
Alex Feiertag	Opioid Safety Household Assessment and Intervention
Mary Rowe	Retrospective Analysis of Outcomes in Long-Term Brain Injury Rehabilitation
WLP	Work Learning Program Spotlight

Afternoon Moderated Posters

01:00pm-01:30pm

Michael Sibley	The Use of Kolb's Experiential Learning Model in the Training of MHAs
Lella Still Cassie Brown	The Journey Towards Inclusivity: A patient-focused project to improve services for LGBTQ psychiatric inpatient experiences
Lindsey Jasinski	A Comparison of the Clinical Utility of the RBANS, LGQT+, and SCATBI as Neuropsychological Screening Tools for Assessment of Cognition after ABI
Justin Strickland	Utilizing Crowdsourcing to Evaluate Correlates of Psychiatric Medication Adherence

Afternoon Podium Presentations

02:00pm-03:00pm

Chizimuzo Okoli	Predictors of Intentions to Deliver and Engage in Tobacco Treatment at Eastern State Hospital
Lella Still	Closing the Revolving Door



ACKNOWLEDGEMENTS

We would like to acknowledge the excellent leadership of the following:

UK Department of Psychology, particularly Dr. David Susman, Director of the Jesse G. Harris, Jr. Psychological Services Center.

UK HealthCare, particularly Colleen Schwartz, Chief Nurse Executive, and Dr. Seth Himelhoch, Chair of UK Psychiatry.

UK College of Nursing, particularly Dean Janie Heath.

Eastern State Hospital administration, especially Carrie Rudzick and Andrew Cooley.

Eastern State Hospital staff members, who do an excellent job everyday living our DIRect values.

Eastern State Hospital Research Council:

Psychology	Pharmacy	Social Work	Nursing
Jessika Vance-Morgan	Elizabeth Baltenberger	Adam Davis	Chrystal Herald
Lindsey Jasinski		Cassie Brown (Chair Elect)	Diana Spring
Chaplain Michael Sibley		Lella Still	John Willoughby
Sean Reilley			Marc Woods

UK College of Nursing and UK HealthCare ESH Evidence-based Practice team:

Chizimuzo Okoli, Heather Robertson, and Sarret Seng.

Finally, we would like to thank our presenters for their dedication to research and evidence-based practice and for sharing their expertise.

UPCOMING EVENTS

May 4th 2018

May 4th 2018

June 7th-10th 2018

Oct. 24th-27th, 2018

Markey Cancer Center Research Day

NAMI/KYSTARS Kentucky Consumer Conference

APNA Pharmacology Institute

APNA 32nd Annual Conference

UK Singletary Center for the Arts

Clarion Hotel, Lexington, KY

Hyatt Regency, Baltimore, MD

Convention Center, Columbus, OH

WEEKLY EVENTS

Mondays 12-12:30pm

Wednesdays 11:15am-11:45am

Thursdays 3:30pm

Meditation

Meditation

NAMI Introductions

UK College of Nursing, Room 634

UK College of Nursing, Room 634

ESH Main Lobby

MONTHLY EVENTS

4th Wednesday 10:00am-02:00pm Art Therapy Sampler

Whitney Hendrickson Building Lobby



Eastern State Hospital
Managed by UK HealthCare